

Chapter 12: Quality Assurance of External Beam Radiotherapy

Set of 146 slides based on the chapter authored by
D. I. Thwaites, B. J. Mijnheer, J. A. Mills
of the IAEA publication:

*Review of Radiation Oncology Physics:
A Handbook for Teachers and Students*

Objective:

To familiarize the student with the need and the concept of a quality system in radiotherapy as well as with recommended quality procedures and tests.



Slide set prepared in 2006
by G.H. Hartmann (Heidelberg, DKFZ)
Comments to S. Vatnitsky:
dosimetry@iaea.org

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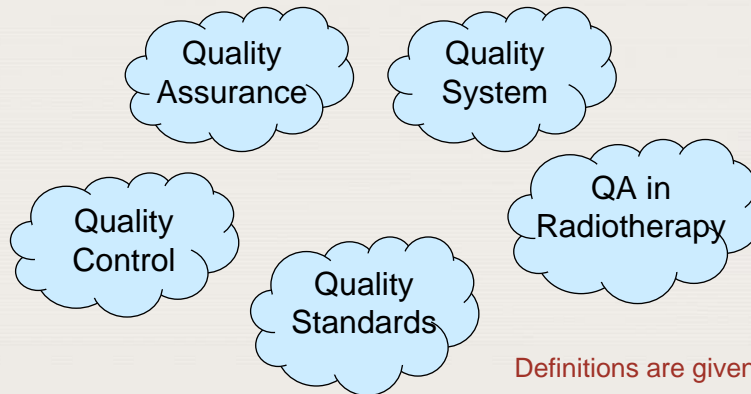
- 12.1 Introduction
- 12.2 Managing a Quality Assurance Program
- 12.3 Quality Assurance Program for Equipment
- 12.4 Treatment Delivery
- 12.5 Quality Audit



12.1 INTRODUCTION

12.1.1 Definitions

- ❑ A commitment to **Quality Assurance (QA)** needs a sound familiarity with some main relevant terms such as:



Definitions are given next



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12.1 INTRODUCTION

12.1.1 Definitions

Quality Assurance

- ❑ "Quality Assurance" is all those **planned and systematic actions** necessary to provide **adequate confidence** that a product or service will satisfy the **given requirements** for quality.
- ❑ As such **QA** is wide ranging, covering
 - procedures;
 - activities;
 - actions;
 - groups of staff.
- ❑ The management of a QA program is also called a **Quality System Management.**



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12.1 INTRODUCTION

12.1.1 Definitions

Quality Control

- ❑ "Quality Control" is the **regulatory process** through which the actual quality performance is measured, compared with existing standards, and the actions necessary to keep or regain conformance with the standards.
- ❑ Quality control is a **part of quality system management**.
- ❑ It is concerned with operational techniques and activities used:
 - To check that quality requirements are met;
 - To adjust and correct performance if the requirements are found not to have been met.



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12.1 INTRODUCTION

12.1.1 Definitions

Quality Standards

- ❑ "Quality standards" is the set of accepted criteria against which the quality of the activity in question can be assessed.
- ❑ In other words:

Without quality standards, quality cannot be assessed.



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12.1 INTRODUCTION

12.1.1 Definitions

Quality System

- ❑ A "Quality System" is a system consisting of the
 - organizational structure,
 - responsibilities,
 - procedures,
 - processes and
 - resourcesrequired to implement a quality assurance program.



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12.1 INTRODUCTION

12.1.1 Definitions

Quality assurance in radiotherapy

- ❑ "Quality Assurance in Radiotherapy" is all procedures that ensure consistency of the medical prescription, and safe fulfillment of that radiotherapy related prescription.
- ❑ Examples of prescriptions:
 - the dose to the tumor (to the target volume)
 - minimal dose to normal tissue
 - adequate patient monitoring aimed at determining the optimum end result of the treatment
 - minimal exposure of personnel



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12.1 INTRODUCTION

12.1.1 Definitions

Quality standards in radiotherapy

- ❑ Various national or international organizations have issued recommendations for standards in radiotherapy:
 - World Health Organization (WHO) in 1988,
 - AAPM in 1994,
 - European Society for Therapeutic Radiation Oncology (ESTRO) in 1995
 - Clinical Oncology Information Network (COIN) in 1999



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12.1 INTRODUCTION

12.1.1 Definitions

Quality standards in radiotherapy

- ❑ Other organizations have issued recommendations for certain parts of the radiotherapy process:
 - IEC in 1989
 - Institute of Physics and Engineering in Medicine (IPEM) in 1999.
- ❑ Where recommended standards are not available, **local standards need to be developed**, based on a local assessment of requirements.



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12.1 INTRODUCTION

12.1.2 The need for QA in radiotherapy

Why does a radiotherapy center need a quality system?

- The next slides provide **arguments to convince oneself (and others)** of the need to initiate a quality project in a radiotherapy department.

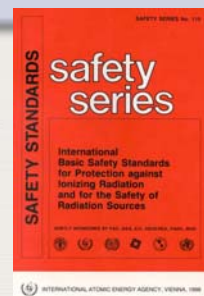


12.1 INTRODUCTION

12.1.2 The need for QA in radiotherapy

1) You must establish a QA program!

- This follows directly from the Basic Safety Series of IAEA. Appendix II.22. says:
“Registrants and licensees, in addition to applying the relevant requirements for quality assurance specified elsewhere in the Standards, shall establish a **comprehensive quality assurance program for medical exposures** with the participation of appropriate qualified experts in the relevant fields, such as radiophysics or radiopharmacy, taking into account the principles established by the WHO and the PAHO.”

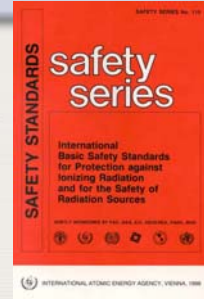


12.1 INTRODUCTION

12.1.2 The need for QA in radiotherapy

1) You must establish a QA program!

- BSS appendix II.23 says:
“Quality assurance programs for medical exposures shall include:
 - (a) measurements of the physical parameters of the radiation generators, imaging devices and irradiation installations at the time of commissioning and periodically thereafter;
 - (b) verification of the appropriate physical and clinical factors used in patient diagnosis or treatment; ...”



12.1 INTRODUCTION

12.1.2 The need for QA in radiotherapy

2) It helps to provide "the best treatment"

- It is a characteristic feature of the modern radiotherapy process that this process is a multi-disciplinary process.
- Therefore, it is extremely important that
 - the radiation therapist **cooperates** with specialists in the various disciplines **in a close and effective manner**, and
 - the various **procedures** (related to the patient and that related to the technical aspects of radiotherapy) **will be subjected to careful quality control**.
- The establishment and use of a comprehensive quality system is an adequate measure to meet these requirements.



12.1 INTRODUCTION

12.1.2 The need for QA in radiotherapy

3) It provides measures to approach to the following objectives:

- ❑ **Reduction of uncertainties and errors** (in dosimetry, treatment planning, equipment performance, treatment delivery, etc.)
- ❑ **Reduction of the likelihood of accidents and errors** occurring as well as increase of the probability that they will be recognized and rectified sooner
- ❑ **Providing reliable inter-comparison of results** among different radiotherapy centers
- ❑ **Full exploitation of improved technology** and more complex treatments in modern radiotherapy



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12.1 INTRODUCTION

12.1.2 The need for QA in radiotherapy

Reduction of uncertainties and errors.....

Human errors in data transfer during the preparation and delivery of radiation treatment affecting the final result: "garbage in, garbage out"

Leunens, G; Verstraete, J; Van den Bogaert, W; Van Dam, J; Dutreix, A; van der Schueren, E
Department of Radiotherapy, University Hospital, St. Rafaël, Leuven, Belgium

Abstract

Due to the large number of steps and the number of persons involved in the preparation of a radiation treatment, the transfer of information from one step to the next is a very critical point. Errors due to inadequate transfer of information will be reflected in every next step and can seriously affect the final result of the treatment. We studied the frequency and the sources of the transfer errors. A total number of

**Radiother. Oncol. 1992: > 50 occasions of data transfer from one point to another for each patient!
If one of them is wrong - the overall outcome is affected**



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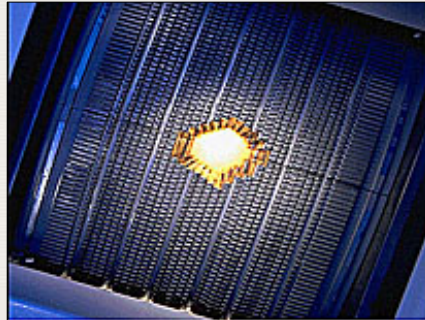
12.1 INTRODUCTION

12.1.2 The need for QA in radiotherapy

Full exploitation of improved technology.....

- ❑ Example for an improved technology:

Use of a multi-leaf collimator (MLC)



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12.1 INTRODUCTION

12.1.3 Requirements on accuracy in radiotherapy

- ❑ Many QA procedures and tests in QA program for equipment are directly related to the clinical requirements on accuracy in radiotherapy:
 - Which accuracy is required on the **absolute absorbed dose**?
 - Which accuracy is required on the **spatial distribution** of dose (geometrical accuracy of treatment unit, patient positioning etc.)?



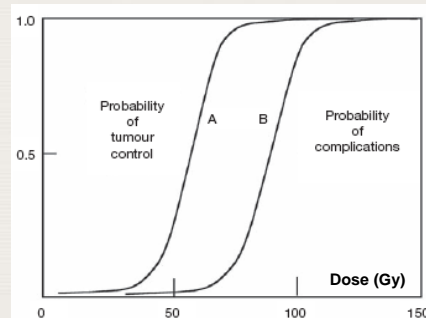
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12.1 INTRODUCTION

12.1.3 Requirements on accuracy in radiotherapy

- Such requirements can be based on evidence from **dose response curves** for the tumor control probability (**TCP**) and normal tissue complication probability (**NTCP**).

TCP and **NTCP** are usually illustrated by plotting two sigmoid curves, one for the TCP (curve A) and the other for NTCP (curve B).

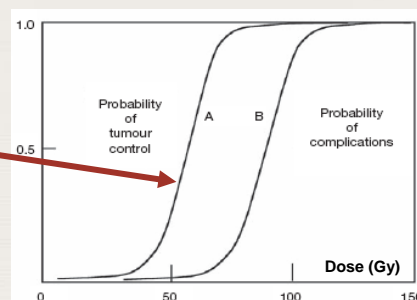


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12.1 INTRODUCTION

12.1.3 Requirements on accuracy in radiotherapy

- The steepness of a given TCP or NTCP curve defines the change in response expected for a given change in delivered dose.



- Thus uncertainties in delivered dose translate into either reductions in the TCP or increases in the NTCP, both of which worsen the clinical outcome.



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12.1 INTRODUCTION

12.1.3 Requirements on accuracy in radiotherapy

- ❑ The ICRU Report No. 24 (1976) concludes:

An uncertainty of 5% is tolerable in the delivery of absorbed dose to the target volume

- ❑ This value is generally interpreted to represent a confidence level of 1.5 - 2 times the standard deviation.
- ❑ Currently, the recommended accuracy of dose delivery is generally 5–7% at the 95% confidence level.



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12.1 INTRODUCTION

12.1.3 Requirements on accuracy in radiotherapy

- ❑ **Geometric uncertainty**, for example systematic errors on the field position, block position, etc., relative to target volumes or organs at risk, **also leads to dose problems:**
 - either **underdosing of the required volume** (decreasing the TCP)
 - or **overdosing of nearby structures** (increasing the NTCP).
- ❑ Figures of 5–10 mm (95% confidence level) are usually given on the tolerable **geometric uncertainty**.



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12.1 INTRODUCTION

12.1.4 Accidents in radiotherapy

- ❑ Generally speaking, treatment of a disease with radiotherapy represents a **twofold risk for the patient**:
 - Firstly, and primarily, there is the **potential failure to control** the initial disease, which, when it is malignant, is eventually lethal to the patient;
 - Secondly, there is the **risk to normal tissue** from increased exposure to radiation.
- ❑ Thus in radiotherapy an accident or a misadministration is **significant** if it results **in either an underdose or an overdose**, whereas in conventional radiation protection only overdoses are generally of concern.



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12.1 INTRODUCTION

12.1.4 Accidents in radiotherapy

- ❑ From the general aim of an accuracy approaching 5% (95% confidence level), a **definition for an accidental exposure** can be derived:

A generally accepted limit is about twice the accuracy requirement, i.e. a 10% difference should be taken as an accidental exposure

- ❑ In addition, from clinical observations of outcome and of normal tissue reactions, there is good evidence that differences of 10% in dose are detectable in normal clinical practice.

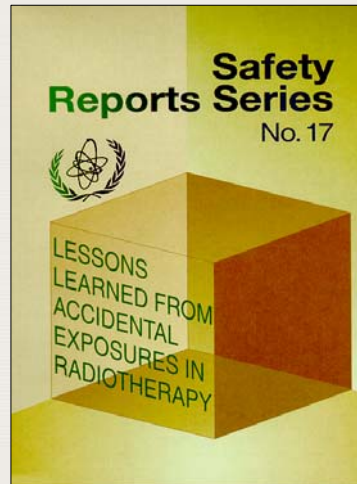


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12.1 INTRODUCTION

12.1.4 Accidents in radiotherapy

- ❑ IAEA has analyzed a series of accidental exposures in radiotherapy to draw lessons in methods for prevention of such occurrences.
- ❑ Criteria for classifying them:
 - Direct causes of mis-administrations
 - Contributing factors
 - Preventability of misadministration
 - Classification of potential hazard.



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12.1 INTRODUCTION

12.1.4 Accidents in radiotherapy

Examples of the direct causes of misadministrations

Cause	Number	Cause	Number
Calculation error of time or dose	15	Human error during simulation	2
Inadequate review of patient chart	9	Decommissioning of teletherapy source error	2
Error in anatomical area to be treated	8	Error in commissioning of TPS	2
Error in identifying the correct patient	4	Technologist misread the treatment time or MU	2
Error involving lack of/or misuse of a wedge	4	Malfunction of accelerator	1
Error in calibration of cobalt-60 source	3	Treatment unit mechanical failure	1
Transcription error of prescribed dose	3	Accelerator software error	1
		Wrong repair followed by human error	1



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12.2 MANAGING A QUALITY ASSURANCE PROGRAMME

- ❑ It must be understood that the **required quality system is essentially a total management system.**
 - for the total organization
 - for the total radiation therapy process

- ❑ The total radiation therapy process includes:
 - clinical radiation oncology service
 - supportive care services (nursing, dietetic, social, etc.)
 - all issues related to radiation treatment
 - radiation therapists
 - physical quality assurance (QA) by physicists
 - engineering maintenance
 - management



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12.2 MANAGING A QUALITY ASSURANCE PROGRAMME

- ❑ A number of organizations and publications have given background discussion and recommendations on the structure and management of a quality assurance program in radiotherapy or radiotherapy physics:
 - WHO in 1988,
 - AAPM in 1994,
 - ESTRO in 1995 and 1998,
 - IPEM in 1999,
 - Van Dyk and Purdy in 1999,
 - McKenzie et al. in 2000.

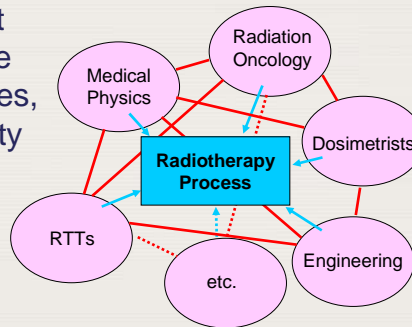


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12.2 MANAGING A QUALITY ASSURANCE PROGRAMME

12.2.1 Multidisciplinary radiotherapy team

- ❑ One of the needs to implement a Quality System is that radiotherapy is a multidisciplinary process.
- ❑ Responsibilities are shared between the different disciplines and must be clearly defined.
- ❑ Each group has an important part in the output of the entire process, and their overall roles, as well as their specific quality assurance roles, are inter-dependent, requiring close cooperation.



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12.2 MANAGING A QUALITY ASSURANCE PROGRAMME

12.2.1 Multidisciplinary radiotherapy team

The multidisciplinary radiotherapy team consists of:

- **Radiation oncologists**
- **Medical physicists**
- **Radiotherapy technologists**
 - sometimes referred to as radiation therapist (RTT), therapy radiographer, radiation therapy technologist, radiotherapy nurse
- **Dosimetrists**
 - in many systems there is no separate group of dosimetrists; these functions are carried out variously by physicists, medical physics technicians or technologists, radiation dosimetry technicians or technologists, radiotherapy technologists, or therapy radiographers
- **Engineering technologists**
 - in some systems medical physics technicians or technologists, clinical technologists, service technicians, electronic engineers or electronic technicians



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12.2 MANAGING A QUALITY ASSURANCE PROGRAMME

12.2.2 Quality system/comprehensive QA program

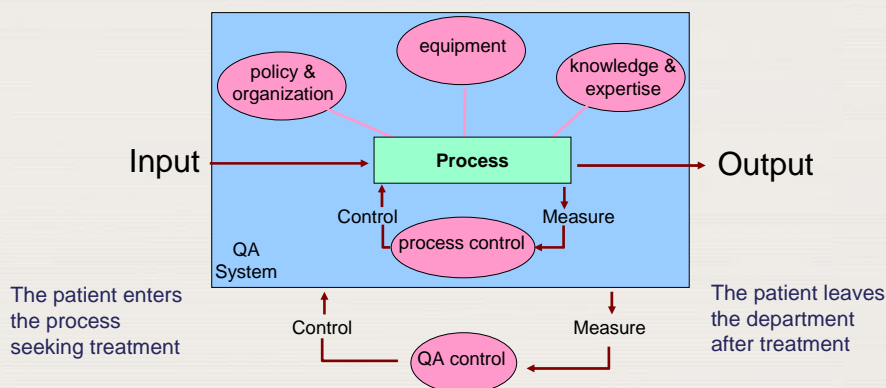
- ❑ It is now widely appreciated that the concept of a Quality System in Radiotherapy is broader than a restricted definition of technical maintenance and quality control of equipment and treatment delivery.
- ❑ Instead it should encompass a comprehensive approach to all activities in the radiotherapy department:
 - Starting from the moment a patient enters it
 - until the moment he leaves,
 - and also continuing into the follow-up period.



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12.2 MANAGING A QUALITY ASSURANCE PROGRAMME

12.2.2 Quality system/comprehensive QA program



The outcome can be considered to be of good quality when the handling of the quality system well organizes the five aspects shown in the illustration above.



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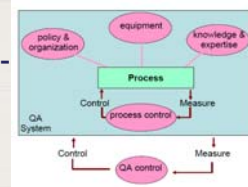
12.2 MANAGING A QUALITY ASSURANCE PROGRAMME

12.2.2 Quality system/comprehensive QA program

- A comprehensive quality system in radiotherapy is a management system that:

policy & organization

- Should be supported by the department management in order to work effectively.
- Must have a clear definition of its scope and of all the quality standards to be met.
- Must be regularly reviewed as to operation and improvement. To this end a quality assurance committee is required, which should represent all the different disciplines within radiation oncology.
- Must be consistent in standards for different areas of the program.



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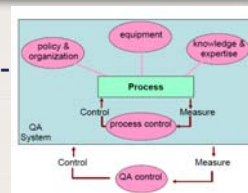
12.2 MANAGING A QUALITY ASSURANCE PROGRAMME

12.2.2 Quality system/comprehensive QA program

- A comprehensive quality system in radiotherapy is a management system that:

equipment

- Requires availability of adequate test equipment



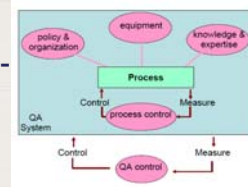
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12.2 MANAGING A QUALITY ASSURANCE PROGRAMME

12.2.2 Quality system/comprehensive QA program

- A comprehensive quality system in radiotherapy is a management system that:

knowledge & expertise



- Requires that each staff member must have qualifications (education, training and experience) appropriate to his or her role and responsibility.
- Requires that each staff member must have access to appropriate opportunities for continuing education and development.



12.2 MANAGING A QUALITY ASSURANCE PROGRAMME

12.2.2 Quality system/comprehensive QA program

- A comprehensive quality system in radiotherapy is a management system that:

process control



- Requires the development of a **formal written quality assurance program** that details the quality assurance policies and procedures, quality control tests, frequencies, tolerances, action criteria, required records and personnel.
- Must be consistent in standards for different areas of the program.
- Must incorporate compliance with all the requirements of national legislation, accreditation, etc.



12.2 MANAGING A QUALITY ASSURANCE PROGRAMME

12.2.2 Quality system/comprehensive QA program

- ❑ The **formal written quality assurance program** is also referred to as the "**Quality Manual**".
- ❑ The quality manual has a double purpose:
 - external
 - internal.
- ❑ Externally to collaborators in other departments, in management and in other institutions, it helps to indicate that the department is strongly concerned with quality.
- ❑ Internally, it provides the department with a framework for further development of quality and for improvements of existing or new procedures.

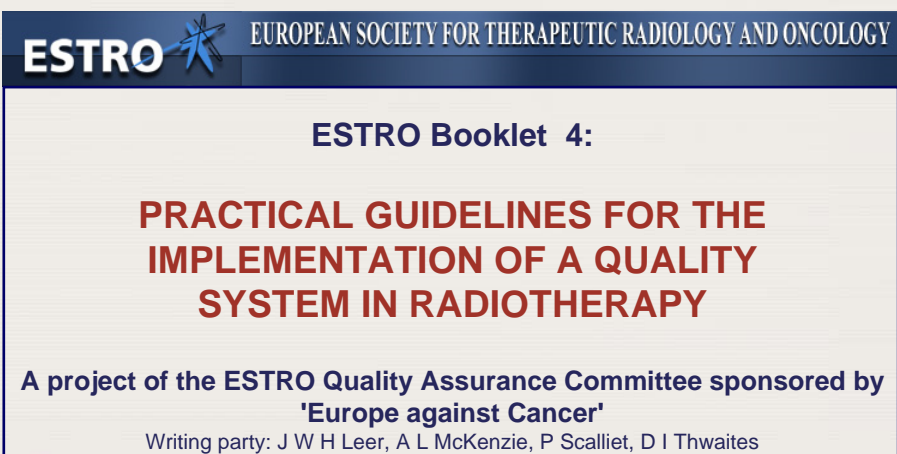


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12.2 MANAGING A QUALITY ASSURANCE PROGRAMME

12.2.2 Quality system/comprehensive QA program

Practical guidelines for writing your own quality manual:

The image shows the cover of an ESTRO booklet. At the top, the ESTRO logo (a stylized star) is next to the text 'ESTRO EUROPEAN SOCIETY FOR THERAPEUTIC RADIOLOGY AND ONCOLOGY'. Below this, the title 'ESTRO Booklet 4: PRACTICAL GUIDELINES FOR THE IMPLEMENTATION OF A QUALITY SYSTEM IN RADIOTHERAPY' is centered. At the bottom, it states 'A project of the ESTRO Quality Assurance Committee sponsored by 'Europe against Cancer'' and lists the writing party: 'J W H Leer, A L McKenzie, P Scalliet, D I Thwaites'.

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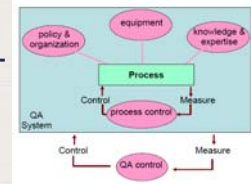
12.2 MANAGING A QUALITY ASSURANCE PROGRAMME

12.2.2 Quality system/comprehensive QA program

- ❑ A comprehensive quality system in radiotherapy is a management system that:

QA control

- Requires control of the system itself, including:
 - Responsibility for quality assurance and the quality system: quality management representatives.
 - Document control.
 - Procedures to ensure that the quality system is followed.
 - Ensuring that the status of all parts of the service is clear.
 - Reporting all non-conforming parts and taking corrective action.
 - Recording all quality activities.
 - Establishing regular review and audits of both the implementation of the quality system (quality system audit) and its effectiveness (quality audit).



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12.2 MANAGING A QUALITY ASSURANCE PROGRAMME

12.2.2 Quality system/comprehensive QA program

- ❑ When starting a quality assurance (QA) program, the setup of a **QA team** or **QA committee** is the most important first step.
- ❑ The QA team should reflect composition of the multidisciplinary radiotherapy team.
- ❑ The quality assurance committee must be appointed by the department management/head of department with the authority to manage quality assurance.

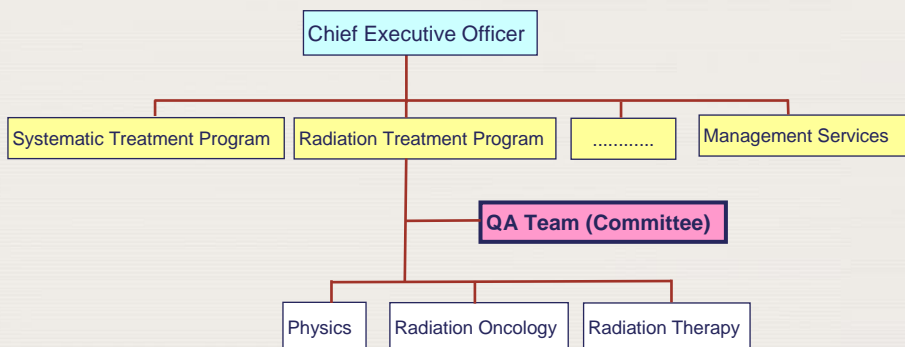


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12.2 MANAGING A QUALITY ASSURANCE PROGRAMME

12.2.2 Quality system/comprehensive QA program

Example for the organizational structure of a radiotherapy department and the integration of a QA team



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12.2 MANAGING A QUALITY ASSURANCE PROGRAMME

12.2.2 Quality system/comprehensive QA program

Membership and Responsibilities of the QA team (QA Committee)

QA Team (Committee)

Membership:

Radiation Oncologist(s)
 Medical Physicist(s)
 Radiation Therapist(s)

Chair:

Physicist or
 Radiation Oncologist

Responsibilities:

Patient safety
 Personnel safety
 Dosimetry instrumentation
 Teletherapy equipment
 Treatment planning
 Treatment delivery
 Treatment outcome
 Quality audit



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

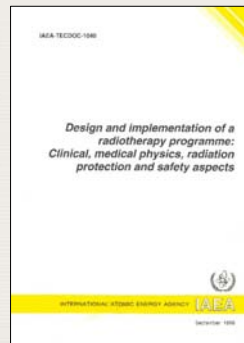
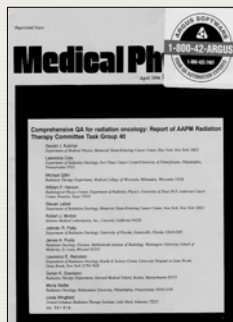
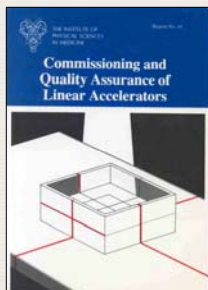
- ❑ The following slides are focusing on the **equipment related QA program**.
- ❑ They concentrate on the **general items and systems** of a QA program.
- ❑ Therefore, they should be "digested" in conjunction with Chapter 10 and other appropriate material concerned with each of the different categories of equipment.



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

- ❑ Appropriate material: Many documents are available:



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

□ Examples of appropriate material:

- AMERICAN ASSOCIATION OF PHYSICISTS IN MEDICINE (AAPM), "Comprehensive QA for radiation oncology: Report of AAPM Radiation Therapy Committee Task Group 40", Med. Phys. **21**, 581-618 (1994)
- INTERNATIONAL ELECTROTECHNICAL COMMISSION (IEC), "Medical electrical equipment - Medical electron accelerators-Functional performance characteristics", IEC 976, IEC, Geneva, Switzerland (1989)
- INSTITUTE OF PHYSICS AND ENGINEERING IN MEDICINE (IPEM), "Physics aspects of quality control in radiotherapy", IPEM Report 81, edited by Mayles, W.P.M., Lake, R., McKenzie, A., Macaulay, E.M., Morgan, H.M., Jordan, T.J. and Powley, S.K, IPEM, York, United Kingdom (1999)
- VAN DYK, J., (editor), "The Modern Technology for Radiation Oncology: A Compendium for Medical Physicists and Radiation Oncologists", Medical Physics Publishing, Madison, Wisconsin, U.S.A. (1999)
- WILLIAMS, J.R., and THWAITES, D.I., (editors), "Radiotherapy Physics in Practice", Oxford University Press, Oxford, United Kingdom (2000)



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.1 The structure of an equipment QA program

General structure of a quality assurance program for equipment

(1) Initial specification, acceptance testing and commissioning

for clinical use, including calibration where applicable

(2) Quality control tests

before the equipment is put into clinical use, quality control tests should be established and a formal QC program initiated

(3) Additional quality control tests

after any significant repair, intervention or adjustment or when there is any indication of a change in performance

(4) Planned preventive maintenance program

in accordance with the manufacturer's recommendations



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.1 The structure of an equipment QA program

First step: Equipment specification and clinical needs assessment:

- In preparation for procurement of equipment, a detailed specification document must be prepared.
- A multidisciplinary team from the department should be involved.
- This should set out the essential aspects of the equipment operation, facilities, performance, service, etc., as required by the customer.
- Questions of which the answer is helpful to assess the clinical needs are given in the next slide.



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.1 The structure of an equipment QA program

Questions of which the answer is helpful to assess the clinical needs

- Which patients will be affected by this technology?
- What is the likely number of patients per year?
- Number of procedures or fractions per year?
- Will the new procedure provide cost savings over old techniques?
- Would it be better to refer patients to a specialist institution?
- Is the infrastructure available to handle the technology?
- Will the technology enhance the academic program?
- What is the organizational risk in implementation of this technology?
- What is the cost impact?
- What maintenance is required?



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.1 The structure of an equipment QA program

Equipment specification and clinical needs assessment

- Once this information is compiled, the purchaser is in a good position to clearly develop his own specifications.
- The specification can also be based on:
 - manufacturers specification (brochures)
 - published information
 - discussions with other users of similar products
- All specification data must be clearly expressed in measurable units.
- Decisions on procurement should again be made by a multi-disciplinary team.



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.1 The structure of an equipment QA program

Acceptance

- Acceptance of equipment is the process in which the supplier demonstrates the baseline performance of the equipment to the satisfaction of the customer.
- After the new equipment is installed, the equipment must be tested in order to ensure, that it meets the specifications and that the environment is free of radiation and electrical hazards to staff and patients.
- The essential performance required and expected from the machine should be agreed upon **before** acceptance of the equipment begins.



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.1 The structure of an equipment QA program

Acceptance

- It is a matter of the professional judgement of the responsible medical physicist to decide whether any aspect of the agreed acceptance criteria is to be waived.
- This waiver should be recorded along with an agreement from the supplier, for example to correct the equipment should performance deteriorate further.
- The equipment can only be formally accepted to be transferred from the supplier to the customer when the responsible medical physicist either is satisfied that the performance of the machine fulfils all specifications as listed in the contract document or formally accepts any waivers.



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.1 The structure of an equipment QA program

Commissioning

- Commissioning is the process of preparing the equipment for clinical service.
- Expressed in a more quantitative way:
A full **characterization of its performance** over the whole range of possible operation must be undertaken.
- In this way the **baseline standards of performance** are established to which all future performance and quality control tests will be referred.
- Commissioning includes the preparation of procedures, protocols, instructions, data, etc., on the clinical use of the equipment.



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.1 The structure of an equipment QA program

Quality control

- ❑ It is essential that the performance of treatment equipment remain consistent within accepted tolerances throughout its clinical life
- ❑ An ongoing quality control program of regular performance checks must begin immediately after commissioning to test this.
- ❑ If these quality control measurements identify departures from expected performance, corrective actions are required.



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.1 The structure of an equipment QA program

Quality control (continued)

- ❑ An equipment quality control program should specify the following:
 - The **parameters** to be tested and the **tests** to be performed;
 - The **specific equipment** to be used for that;
 - The **geometry** of the tests;
 - The **frequency** of the tests;
 - The **staff group** or **individual** performing the tests, as well as the individual supervising and responsible for the standards of the tests and for actions that may be necessary if problems are identified;



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.1 The structure of an equipment QA program

Quality control (continued)

- An equipment quality control program should specify the following:
 - The expected **results**;
 - The **tolerance and action levels**;
 - The **actions** required when the tolerance levels are exceeded.
- The actions required must be based on a systematic analysis of the uncertainties involved and on well defined tolerance and action levels.
- This procedure is explained in more detail in the following slides.



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.1 The structure of an equipment QA program

If corrective actions are required: Role of Uncertainty

- When reporting the result of a measurement, it is obligatory that some quantitative indication of the **quality of the result** be given. Otherwise the receiver of this information cannot really assess its reliability.
- The "**Concept of Uncertainty**" has been introduced for that.
- In 1993, ISO has published a "**Guide to the expression of uncertainty in measurement**", in order to ensure that the method for evaluating and expressing uncertainty is uniform all over the world.
- For more details see Chapter 3.



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.1 The structure of an equipment QA program

If corrective actions are required: Role of Tolerance Level

- Within the tolerance level, the performance of an equipment gives **acceptable accuracy** in any situation.
- Tolerances values should be set with the aim of achieving the **overall uncertainties desired**.
- However, if the **measurement uncertainty** is greater than the tolerance level set, then random variations in the measurement will lead to unnecessary intervention.
- Therefore, it is practical to set a tolerance level at the measurement uncertainty at the 95% confidence level.



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.2 Uncertainties, tolerances and action levels

If corrective actions are required: Role of Action Level

- The performance outside the action level is **unacceptable** and **demand action** to remedy the situation.
- It is useful to set action levels higher than tolerance levels thus providing flexibility in monitoring and adjustment.
- Action levels are often set at **approximately twice the tolerance level**
- However, some critical parameters may require tolerance and action levels to be set much closer to each other or even at the same value.

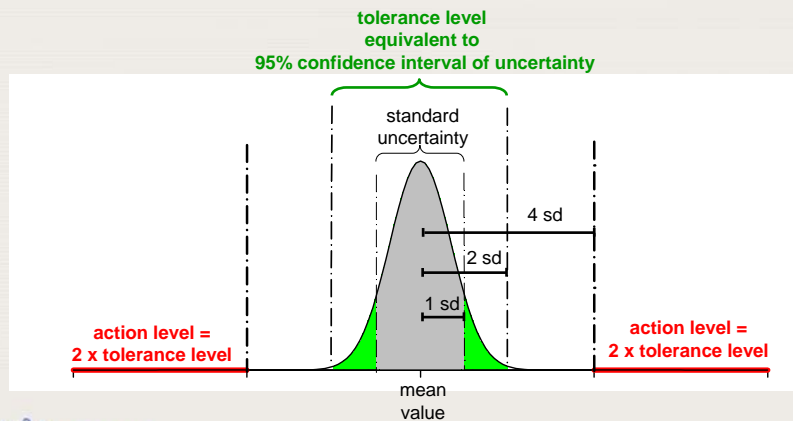


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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.2 Uncertainties, tolerances and action levels

Illustration of a possible relation between uncertainty, tolerance level and action level



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.2 Uncertainties, tolerances and action levels

The system of actions:

- If a measurement result is within the tolerance level, no action is required.
- If the measurement result exceeds the action level, immediate action is necessary and the equipment must not be clinically used until the problem is corrected.
- If the measurement falls between tolerance and action levels, this may be considered as currently acceptable. Inspection and repair can be performed later, for example after patient irradiations. If repeated measurements remain consistently between tolerance and action levels, adjustment is required.



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.3 QA program for cobalt-60 teletherapy machines

- ❑ A sample quality assurance program (quality control tests) for a ^{60}Co teletherapy machine with recommended test procedures, test frequencies and action levels is given in the following tables.
- ❑ They are structured according daily, weekly, monthly, and annually tests.



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.3 QA program for cobalt-60 teletherapy machines

Daily Tests

Procedure or item to be tested	Action level
Door interlock	functional
Radiation room monitor	functional
Audiovisual monitor	functional
Lasers	2 mm
Distance indicator	2 mm



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.3 QA program for cobalt-60 teletherapy machines

Daily Tests

Procedure or item to be tested	Action level
Door interlock	functional



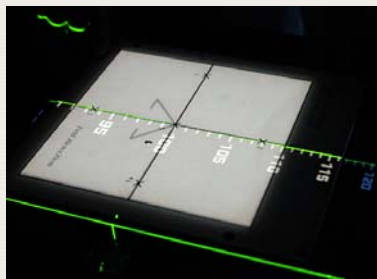
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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.3 QA program for cobalt-60 teletherapy machines

Daily Tests

Procedure or item to be tested	Action level
Lasers	2 mm
Distance indicator	2 mm



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.3 QA program for cobalt-60 teletherapy machines

Weekly Tests

Procedure or item to be tested	Action level
Check of source position	3 mm



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.3 QA program for cobalt-60 teletherapy machines

Monthly Tests

Procedure or item to be tested	Action level
Output constancy	2%
Light/radiation field coincidence	3 mm
Field size indicator	2 mm
Gantry and collimator angle indicator	1°
Cross-hair centering	1 mm
Latching of wedges and trays	functional
Emergency off	functional
Wedge interlocks	functional



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.3 QA program for cobalt-60 teletherapy machines

Annually Tests

Procedure or item to be tested	Action level
Output constancy	2%
Field size dependence of output constancy	2%
Central axis dosimetry parameter constancy	2%
Transmission factor constancy for all standard accessories	2%
Wedge transmission factor constancy	2%
Timer linearity and error	1%
Output constancy versus gantry angle	2%



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.3 QA program for cobalt-60 teletherapy machines

Annually Tests (continued)

Procedure or item to be tested	Action level
Beam uniformity with gantry angle	3%
Safety interlocks: Follow procedures of manufacturer	functional
Collimator rotation isocenter	2 mm diameter
Gantry rotation isocenter	2 mm diameter
Table rotation isocenter	2 mm diameter
Coincidence of collimator, gantry and table axis with the isocenter	2 mm diameter



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.3 QA program for cobalt-60 teletherapy machines

Annually Tests (continued)

Procedure or item to be tested	Action level
Coincidence of the radiation and mechanical isocenter	2 mm diameter
Table top sag	2 mm
Vertical travel of table	2 mm
Field light intensity	functional



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.4 QA program for linear accelerators

- Typical quality assurance procedures (quality control tests) for a dual mode linac with frequencies and action levels are given in the following tables.
- They are again structured according daily, weekly, monthly, and annually tests.



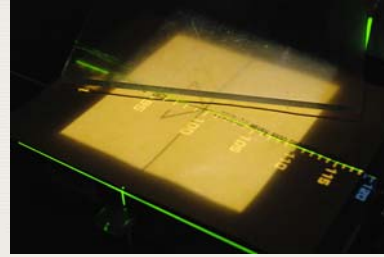
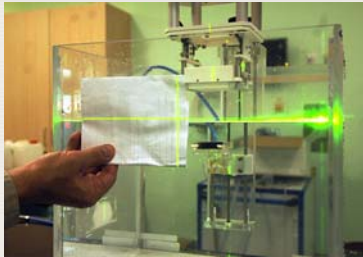
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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.4 QA program for linear accelerators

Daily Tests

Procedure or item to be tested	Action level
Lasers	2 mm
Distance indicator	2 mm



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.4 QA program for linear accelerators

Daily Tests

Procedure or item to be tested	Action level
Audiovisual monitor	functional



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.4 QA program for linear accelerators

Daily Tests

Procedure or item to be tested	Action level
X ray output constancy	3%
Electron output constancy	3%



Daily output checks and verification of flatness and symmetry can be done using different multi-detector devices.



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.4 QA program for linear accelerators

Daily Tests

Procedure or item to be tested
X ray output constancy
Electron output constancy



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.4 QA program for linear accelerators

Monthly Tests

Procedure or item to be tested	Action level
X ray output constancy	2%
Electron output constancy	2%
Backup monitor constancy	2%
X ray central axis dosimetry parameter constancy (PDD, TAR, TPR)	2%
Electron central axis dosimetry parameter constancy (PDD)	2 mm at therapeutic depth
X ray beam flatness constancy	2%



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.4 QA program for linear accelerators

Monthly Tests (continued)

Procedure or item to be tested	Action level
Electron beam flatness constancy	3%
X ray and electron symmetry	3%
Emergency off switches	functional
Wedge and electron cone interlocks	functional
Light/radiation field coincidence	2 mm or 1% on a side
Gantry/collimator angle indicators	1°
Wedge position	2 mm or 2% change in transmission



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.4 QA program for linear accelerators

Monthly Tests (continued)

Procedure or item to be tested	Action level
Tray position and applicator position	2 mm
Field size indicators	2 mm
Cross-hair centering	2 mm diameter
Treatment table position indicators	2 mm / 1°
Latching of wedges and blocking tray	functional
Jaw symmetry	2 mm
Field light intensity	functional



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.4 QA program for linear accelerators

Annually Tests

Procedure or item to be tested	Action level
X ray/electron output calibration constancy	2%
Field size dependence of X ray output constancy	2%
Output factor constancy for electron applicators	2%
Central axis parameter constancy (PDD, TAR, TPR)	2%
Off-axis factor constancy	2%
Transmission factor constancy for all treatment accessories	2%



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.4 QA program for linear accelerators

Annually Tests (continued)

Procedure or item to be tested	Action level
Wedge transmission factor constancy	2%
Monitor chamber linearity	1%
X ray output constancy with the gantry angle	2%
Electron output constancy with the gantry angle	2%
Off-axis factor constancy with the gantry angle	2%
Arc mode	manufacturer's specifications



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.4 QA program for linear accelerators

Annually Tests (continued)

Procedure or item to be tested	Action level
Safety interlocks	functional
Collimator rotation isocenter	2 mm diameter
Gantry rotation isocenter	2 mm diameter
Table rotation isocenter	2 mm diameter
Coincidence of collimator, gantry and table axes with the isocenter	2 mm diameter
Coincidence of the radiation and mechanical isocenter	2 mm diameter



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.4 QA program for linear accelerators

Annually Tests (continued)

Procedure or item to be tested	Action level
Table top sag	2 mm
Vertical travel of the table	2 mm



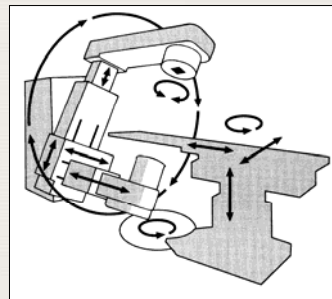
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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.5 QA program for treatment simulators

- ❑ Treatment simulators replicate the movements of isocentric ^{60}Co and linac treatment machines and are fitted with identical beam and distance indicators. Hence all measurements that concern these aspects also apply to the simulator.

- During 'verification session' the treatment is set-up on the simulator exactly like it would be on the treatment unit.
- A verification film is taken in 'treatment' geometry



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.5 QA program for treatment simulators

- If mechanical/geometric parameters are out of tolerance on the simulator, **this will affect treatments of all patients.**
- The performance of the **imaging components** on the simulator is of equal importance to its satisfactory operation.
- Therefore critical measurements of the imaging system are also required.**



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.5 QA program for treatment simulators

- A sample quality assurance program (quality control tests) for treatment simulators with recommended test procedures, test frequencies and action levels is given in the following tables.
- They are again structured according daily, monthly, and annually tests.



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.5 QA program for treatment simulators

Daily Tests

Procedure or item to be tested	Action level
Safety switches	functional
Door interlock	functional
Lasers	2 mm
Distance indicator	2 mm



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.5 QA program for treatment simulators

Monthly Tests

Procedure or item to be tested	Action level
Field size indicator	2 mm
Gantry/collimator angle indicators	1°
Cross-hair centering	2 mm diameter
Focal spot-axis indicator	2 mm
Fluoroscopic image quality	baseline
Emergency/collision avoidance	functional
Light/radiation field coincidence	2 mm or 1%
Film processor sensitometry	baseline



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.5 QA program for treatment simulators

Annually Tests

Procedure or item to be tested	Action level
Collimator rotation isocenter	2 mm diameter
Gantry rotation isocenter	2 mm diameter
Couch rotation isocenter	2 mm diameter
Coincidence of collimator, gantry, couch axes with isocenter	2 mm diameter
Table top sag	2 mm
Vertical travel of couch	2 mm



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.5 QA program for treatment simulators

Annually Tests (continued)

Procedure or item to be tested	Action level
Exposure rate	baseline
Table top exposure with fluoroscopy	baseline
kVp and mAs calibration	baseline
High and low contrast resolution	baseline



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.6 QA program for CT scanners and CT-simulation

- ❑ For dose prediction as part of the treatment planning process there is an increasing reliance upon CT image data with the patient in a treatment position.
- ❑ CT data is used for:
 - indication and/or data acquisition of the patient's anatomy
 - to provide tissue density information which is essential for accurate dose prediction
- ❑ Therefore it is essential that the geometry and the CT densities are accurate. CT test tools are available.



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.6 QA program for CT scanners and CT-simulation

- ❑ A sample quality assurance program (quality control tests) for CT scanners and CT-simulation with recommended test procedures, test frequencies and action levels is given in the following tables.
- ❑ They are again structured according daily, monthly, and annually tests.



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.6 QA program for CT scanners and CT-simulation

Daily Tests

Procedure or item to be tested	Action level
Safety switches	functional
Door interlock	functional
Lasers	2 mm
Distance indicator	2 mm



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.6 QA program for CT scanners and CT-simulation

Monthly Tests

Procedure or item to be tested	Action level
Field size indicator	2 mm
Gantry/collimator angle indicators	1°
Cross-hair centering	2 mm diameter
Focal spot-axis indicator	2 mm
Fluoroscopic image quality	baseline
Emergency/collision avoidance	functional
Light/radiation field coincidence	2 mm or 1%
Film processor sensitometry	baseline



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.6 QA program for CT scanners and CT-simulation

Annually Tests

Procedure or item to be tested	Action level
Collimator rotation isocenter	2 mm diameter
Gantry rotation isocenter	2 mm diameter
Couch rotation isocenter	2 mm diameter
Coincidence of collimator, gantry, couch axes with isocenter	2 mm diameter
Table top sag	2 mm
Vertical travel of couch	2 mm

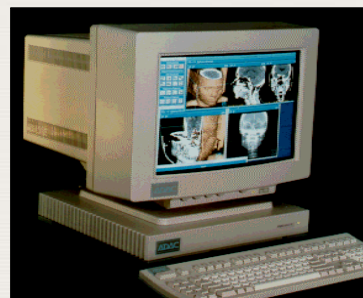


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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.7 QA program for treatment planning systems

- In the 1970s and 1980s treatment planning computers became readily available to individual radiation therapy centers.
- As **computer technology** evolved and became more compact so did Treatment Planning Systems (TPS), while at the same time dose calculation algorithms and image display capabilities became more sophisticated.
- Treatment planning computers have become readily available to virtually all radiation treatment centers.

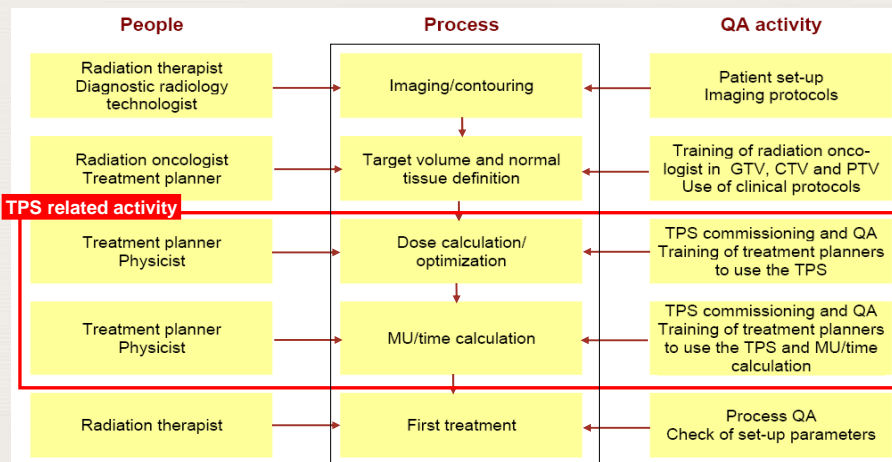


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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.7 QA program for treatment planning systems

Steps of the treatment planning process, the professionals involved in each step and the QA activities associated with these steps (IAEA TRS 430)



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.7 QA program for treatment planning systems

- The middle column of the last slide summarizes the steps in the process flow of the radiation treatment planning process of cancer patients.
- The computerized treatment planning system, TPS, is an essential tool in this process.**
- As an integral part of the radiotherapy process, the TPS provides a computer based:
 - **simulation** of the beam delivery set-up
 - **optimization** and **prediction** of the dose distributions that can be achieved both in the target volume and also in normal tissue.



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.7 QA program for treatment planning systems

- ❑ Treatment planning quality management is a subcomponent of the total quality management process.
- ❑ Organizationally, it involves physicists, dosimetrists, RTTs, and radiation oncologists, each at their level of participation in the radiation treatment process.
- ❑ Treatment planning quality management involves the development of a clear QA plan of the TPS and its use.

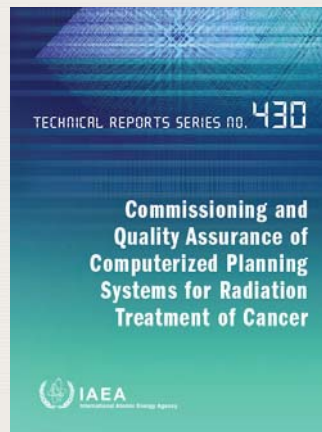


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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.7 QA program for treatment planning systems

- ❑ Acceptance, commissioning and QC recommendations for TPS are given, for example, in
 - AAPM Reports (TG-40 and TG-43),
 - IPEM Reports 68 (1996) and 81 (1999),
 - Van Dyk et al. (1993)
 - **most recently:**
IAEA TRS 430 (2004)
- ❑ The following slides are mostly following TRS 430.



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.7 QA program for treatment planning systems

Purchase

- The purchase of a TPS is a major step for most radiation oncology departments.
- Particular attention must therefore be given to the process by which the **purchasing decision** is made.
- The specific needs of the department must be taken into consideration, as well as budget limits, during a careful search for the most cost effective TPS.
- The following slide contains some issues on the clinical need assessment to consider in the purchase and clinical implementation process.



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.7 QA program for treatment planning systems

Clinical need assessment: Issues	Question and/or comment
Status of the existing TPS	Can it be upgraded? Hardware? Software?
Projected number of cases to be planned over the next 2–5 years	Include types and complexity, for example number of 2-D plans without image data, number of 3-D plans with image data, complex plans, etc
Special techniques	Stereotactic radiosurgery? Mantle? Total body irradiation (TBI)? Electron arcs? HDR brachytherapy? Other?
Number of workstations required	Depends on caseload, average time per case, research and development time, number of special procedures, number of treatment planners and whether the system is also used for MU/time calculations
Level of sophistication of treatment planning	3-D CRT? Participation in clinical trials? Networking capabilities?
Imaging availability	CT? MR? SPECT? PET? Ultrasound?
CT simulation availability	Network considerations
Multileaf collimation available now or in the future	Transfer of MLC data to therapy machines?
3-D CRT capabilities on the treatment machines	Can the TPS handle the therapy machine capabilities?
IMRT capabilities	Available now or in the near future?
Treatment trends over the next 3–5 years	Will there be more need for IMRT or electrons?
Case load and throughput	Will treatment planning become the bottleneck?



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.7 QA program for treatment planning systems

Acceptance

- ❑ Acceptance testing is the process to verify that the TPS behaves according to the specifications (user's tender document, manufacturer' specifications).
- ❑ Acceptance testing must be carried out before the system is used clinically and must test both the basic hardware and the system software functionality.
- ❑ Since during the normally short acceptance period the user can test only basic functionality, he or she may choose a conditional acceptance and indicate in the acceptance document that the final acceptance testing will be completed as part of the commissioning process.

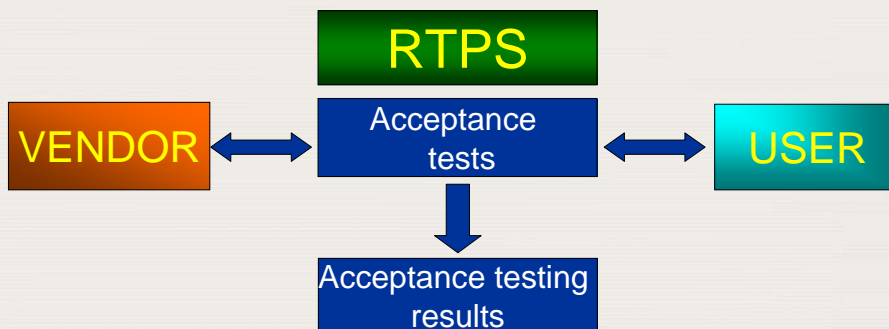


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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.7 QA program for treatment planning systems

Acceptance

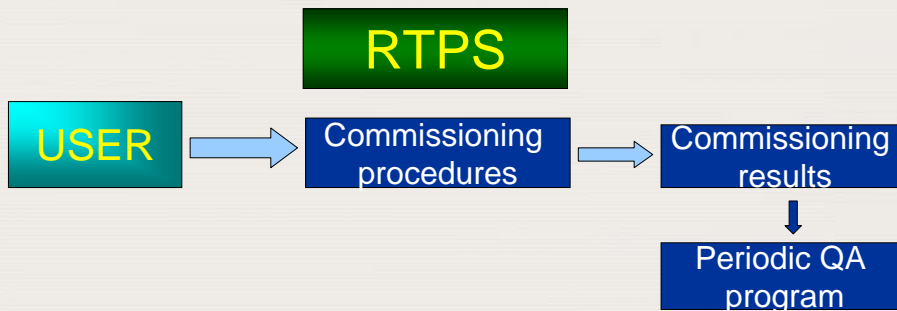


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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.7 QA program for treatment planning systems

Commissioning



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.7 QA program for treatment planning systems

Acceptance and Commissioning

- The following slides summarize the various components of the acceptance and commissioning testing of a TPS.
- The intent of this information is not to provide a complete list of items that should be verified but rather to suggest the types of issues that should be considered.



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.7 QA program for treatment planning systems

Main component	Issues
Hardware	<ul style="list-style-type: none">• CPUs, memory and disk operation.• Input devices: Digitizer tablet, Film digitizer, Imaging data (CT, MRI, ultrasound, etc.), Simulator control systems or virtual simulation workstation, Keyboard and mouse entry• Output: Hard copy output (plotter and/or printer), Graphical display units that produce DRRs and treatment aids, Unit for archiving (magnetic media, optical disk, etc.)



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.7 QA program for treatment planning systems

Main component	Issues
Network integration and data transfer	<ul style="list-style-type: none">• Network traffic and the transfer of CT, MRI or ultrasound image data to the TPS.• Positioning and dosimetric parameters communicated to the treatment machine or to its record and verify system.• Transfer of MLC parameter to the leaf position.• Transfer of DRR information.• Data transfer from the TPS to auxiliary devices (i.e. computer controlled block cutters and compensator machining devices).• Data transfer between the TPS and the simulator• Data transfer to the radiation oncology management system.• Data transfer of measured data from a 3-D water phantom system



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.7 QA program for treatment planning systems

Main component	Issues
Software	<ul style="list-style-type: none">• CT input• Anatomical description• 3-D objects and display.• Beam description• Photon beam dose calculations various open fields, different SSDs, blocked fields, MLC shaped fields, inhomogeneity test cases, multibeam plans, asymmetric jaw fields, wedged fields and others.• Electron beam dose calculations open fields, different SSDs, shaped fields,• Dose display, DVHs• Hard copy output



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.7 QA program for treatment planning systems

Periodic quality control

- QA does not end once the TPS has been commissioned.
- It is essential that an ongoing QA program be maintained, i.e. a periodic quality control must be established.
- The program must be practicable, but not so elaborate that it imposes an unrealistic commitment on resources and time.
- Two examples of a routine regular QC program (quality control tests) for a TPS are given in the next slides.



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.7 QA program for treatment planning systems

Frequency	Procedure	Tolerance level
Daily	Input and Output devices	1 mm
Monthly	Checksum	No change
	Reference subset of data	2% or 2 mm
	Reference prediction subset	2% or 2 mm
	Processor tests	pass
Annually	CT transfer	1 mm
	Monitor Unit calculations	2%
	Reference QA test set	2% or 2 mm



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.7 QA program for treatment planning systems

Example of a periodic quality assurance program (TRS430)

	patient specific	weekly	monthly	quarterly	annually	after upgrade
Hardware		Digitizer	CPU Digitizer			CPU Digitizer
				Plotter		Plotter
				Backup		Backup
Anatomical information	CT transfer			CT image		CT transfer CT image
	Anatomy					Anatomy
External beam software	Beam				Beam	Beam
	MU check					
	Plan details		Plan details			
	Pl. transfer		Pl. transfer		Pl. transfer	Pl. transfer



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.8 QA program for test equipment

- Test equipment in radiotherapy concerns all the required additional equipment such as:
 - measurements of radiation doses,
 - measurements of electrical machine signals
 - mechanical measurements of machine devices.
- Some examples of test and measuring equipment which should be considered for a quality control program are given in the next slide.



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12.3 QUALITY ASSURANCE PROGRAMME FOR EQUIPMENT

12.3.8 QA program for test equipment

- Local standard and field ionization chambers and electrometer:
- Thermometer
- Barometer:
- Linear rulers
- Phantoms
- Automated beam scanning systems
- Other dosimetry systems: e.g., systems for relative dosimetry (e.g., TLD, diodes, diamonds, film, etc.), in-vivo dosimetry (e.g., TLD, diodes, etc.) and for radiation protection measurements
- Any other electrical equipment used for testing the running parameters of treatment equipment



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12.4 TREATMENT DELIVERY

12.4.1 Patient charts

- ❑ The radiation chart is accompanying the patient during the entire process of radiotherapy.
- ❑ Basic components of a patient treatment chart:
 - patient name and ID,
 - photograph,
 - initial physical evaluation of the patient,
 - treatment planning data,
 - treatment execution data,
 - clinical assessment during treatment,
 - treatment summary and follow up,
 - QA checklist.
- ❑ Any mistakes made at the **data entry** of the patient chart are likely to be carried through the whole treatment.



QA of the patient chart is therefore essential.



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12.4 TREATMENT DELIVERY

12.4.1 Patient charts

- ❑ AAPM Radiation Therapy Committee Task Group 40 recommends that:
 - charts be reviewed
 - at least weekly
 - before the third fraction following the start or a field modification
 - at the completion of treatment
 - the review be signed and dated by the reviewer
 - the QA team oversee the implementation of a program which defines
 - which items are to be reviewed
 - who is to review them
 - when are they to be reviewed
 - the definition of minor and major errors
 - what actions are to be taken, and by whom, in the event of errors
 - a random sample of charts be audited at intervals prescribed by the QA team



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12.4 TREATMENT DELIVERY

12.4.1 Patient charts

- ❑ In particular all **planning data** as well as all data entered as the **interface between the planning process and the treatment delivery process** should be independently checked
- ❑ Examples for that are:
 - plan integrity
 - monitor unit calculations
 - irradiation parameters.
- ❑ Data transferred automatically, e.g., from the treatment planning system, should also be verified to check that no data corruption occurred.



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12.4 TREATMENT DELIVERY

12.4.1 Patient charts

- ❑ All **errors** that are traced during chart checking must be thoroughly investigated and evaluated by the QA team
- ❑ The causes should be eradicated and may result in (written) changes in the various procedures of the treatment process.



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12.4 TREATMENT DELIVERY

12.4.2 Portal imaging

- ❑ As an accuracy requirement in radiotherapy, it has been stated that figures of 5–10 mm (95% confidence level) are used as the tolerance level for the **geometric uncertainty**.
- ❑ The geometric accuracy is limited by:
 - Uncertainties in a particular patient set-up
 - Uncertainties in the beam set-up
 - Movement of the patient or the target volume during treatment.
- ❑ **Portal imaging** is frequently applied in order to check geometric accuracy of the patient set-up with respect to the position of the radiation beam



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12.4 TREATMENT DELIVERY

12.4.2 Portal imaging

- ❑ The purpose of portal imaging is in particular:
 - To **verify the field placement**, characterized by the isocenter or another reference point, **relative to anatomical structures** of the patient, during the actual treatment.
 - To **verify that the beam aperture** (blocks or MLC) has been properly produced and registered



Portal film device

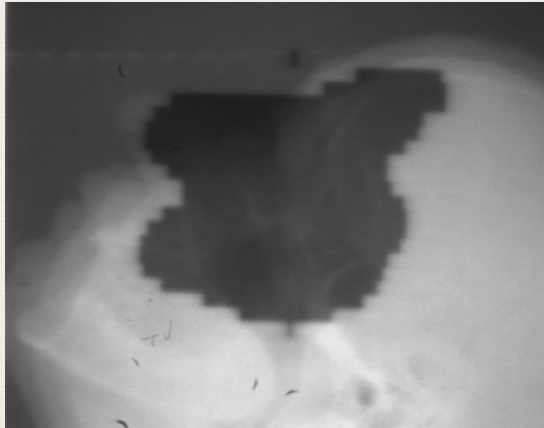


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12.4 TREATMENT DELIVERY

12.4.2 Portal imaging

Example for portal imaging: Port film



Port film for a lateral irregular MLC field used in a treatment of the maxillary sinus.

This method allows to visualize both the treatment field and the surrounding anatomy.



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12.4 TREATMENT DELIVERY

12.4.2 Portal imaging

- A disadvantage of the film technique is its off-line character, which requires a certain amount of time before the result can be applied clinically.
- For this reason on-line electronic portal imaging devices (EPIDs) have been developed.
- Three methods are clinically applied:
 1. A metal plate–phosphor screen combination is used to convert the photon beam intensity into a light image. The screen is then viewed by a sensitive video camera
 2. A matrix of liquid filled ionization chambers is used.
 3. A third method is based on amorphous silicon flat panel systems (see next slide).



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12.4 TREATMENT DELIVERY

12.4.2 Portal imaging



Amorphous silicon type of EPID installed on the gantry of a linac.

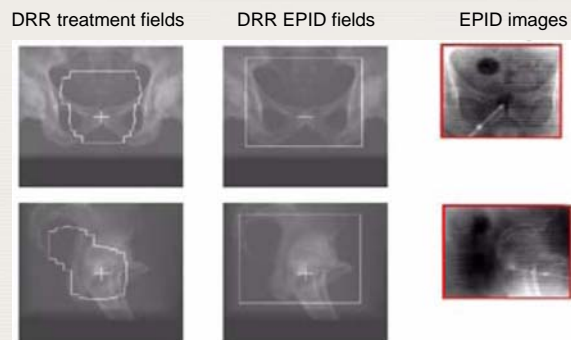


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12.4 TREATMENT DELIVERY

12.4.2 Portal imaging

Comparison between digitally reconstructed radiographs (DRR) and EPID



DRRs from treatment fields and large fields to verify the position of isocenter and the corresponding EPID fields.



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12.4 TREATMENT DELIVERY

12.4.2 Portal imaging

- ❑ As part of the QA process, portal imaging may lead to various strategies for **improvement** of positioning accuracy such as:
 - improvement of patient immobilization
 - introduction of correction rules
 - adjustment of margins in combination with dose escalation
 - incorporation of set-up uncertainties in treatment planning



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12.4 TREATMENT DELIVERY

12.4.2 Portal imaging

QA in portal imaging:

- ❑ Process control requires that local protocols must be established to specify:
 - who has the **responsibility** for verification of portal images (generally a clinician), and
 - what **criteria** are used as the basis **to judge the acceptability of information** conveyed by portal images.



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12.4 TREATMENT DELIVERY

12.4.3 In-vivo dose measurements

- ❑ There are many steps in the chain of processes which determine the dose delivery to a patient undergoing radiotherapy and each of these steps may introduce an uncertainty.
- ❑ It is therefore worthwhile, and maybe even necessary for specific patient groups or for unusual treatment conditions to use **in-vivo dosimetry** as an ultimate check of the actual treatment dose.



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12.4 TREATMENT DELIVERY

12.4.3 In-vivo dose measurements

- ❑ In-vivo dose measurements can be divided into
 - intracavitary dose measurements (frequently used)
 - entrance dose measurements (less frequently used)
 - exit dose measurements (still under investigation)



Diodes applied for intracavitary in vivo dosimetry.

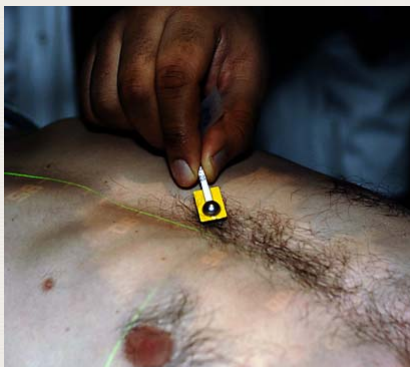


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12.4 TREATMENT DELIVERY

12.4.3 In-vivo dose measurements

□ In-vivo dose measurements



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12.4 TREATMENT DELIVERY

12.4.3 In-vivo dose measurements

□ Examples of typical application:

- to check the MU calculation independently from the program used for routine dose calculations.
- to trace any error related to the set-up of the patient, human errors in the data transfer during the consecutive steps of the treatment preparation, unstable accelerator performance and inaccuracies in dose calculation, e.g., of the treatment planning system.
- to determine the intracavitary dose in readily accessible body cavities, such as the oral cavity, oesophagus, vagina, bladder, and rectum.
- to assess the dose to organs at risk (e.g., eye lens, gonads and lungs during TBI) or situations where the dose is difficult to predict (e.g., non-standard SSD or using bolus).

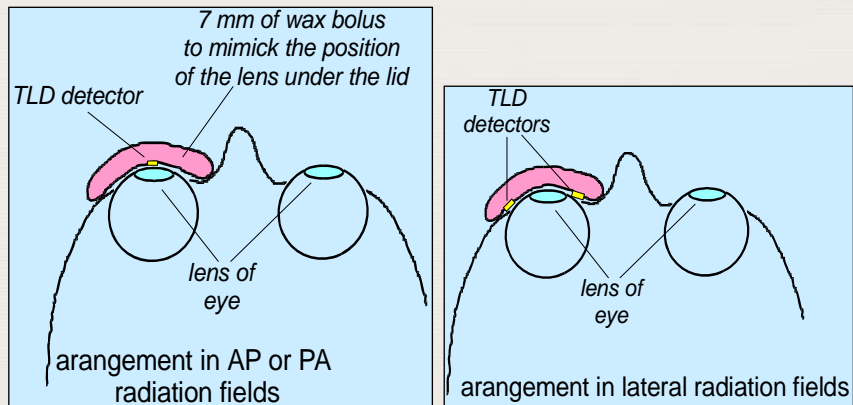


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12.4 TREATMENT DELIVERY

12.4.3 In-vivo dose measurements

Example for TLD in vivo dosimetry: Lens dose measurements



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12.4 TREATMENT DELIVERY

12.4.4 Record-and-verify systems

- ❑ A computer-aided record-and-verify system aims to **compare** the set-up parameters with the prescribed values.



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12.4 TREATMENT DELIVERY

12.4.4 Record-and-verify systems

- Patient identification data, machine parameters and dose prescription data are entered into the computer **beforehand**.
- At the time of treatment, these parameters are identified at the treatment machine and, **if there is no difference**, the treatment can **start**.
- If discrepancies are present this is indicated and the parameters concerned are highlighted.**



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12.4 TREATMENT DELIVERY

12.4.4 Record-and-verify systems

- Discrepancies can be indicated only if tolerance values are exceeded.
- Tolerance values must be therefore established before.
- Tolerances for verification of machine parameters should be provided by the manufacturer.
- Clinical tolerance tables must also be defined locally in the department for each set of techniques to allow for patient/set-up variations day-to-day.
- Record-and-verify systems must have the flexibility to be overridden. This feature must be used with care and only when reasons are clear and properly documented.



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12.4 TREATMENT DELIVERY

12.4.4 Record-and-verify systems

QA of Record-and-verify systems

- ❑ The treatment delivered, if relying on a record-and-verify system setting or verifying the parameters, is only as good as the information input to the system. Therefore, it is vital that the data in the record-and-verify system is quality-controlled, using independent (redundant) checking to verify the input and to sanction its clinical use.
- ❑ The performance of the record-and-verify system should be included in an appropriate QA program.
- ❑ The details of such QA tests will be specific to the system in question.



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12.5 QUALITY AUDIT

12.5.1 Definition

Definition

- ❑ Quality audit is a systematic and independent examination to determine whether or not quality activities and results comply with planned arrangements and whether or not the arrangements are implemented effectively and are suitable to achieve the stated objectives



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12.5 QUALITY AUDIT

12.5.1 Definition: Parameters of quality audits

☐ Quality audits:

- Can be conducted for internal or external purposes.
- Can be applied at any level of a QA program.
- Are performed by personnel not directly responsible for the areas being audited, however in cooperative discussion with the responsible personnel.
- Must be against pre-determined standards, linked to those that the QA program is trying to achieve.
- Evaluate the need for improvement or corrective action if those standards are not met.



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12.5 QUALITY AUDIT

12.5.1 Definition: Parameters of quality audits

☐ Quality audits:

- Should be regular and form part of a quality feedback loop to improve quality.
- Can be mainly **procedural**, looking at QA procedures, protocols, QC programs, QC and QA results and records, etc.
- Can be mainly **practical**, i.e. verify the effectiveness or performance of a quality system.
- May be voluntary and co-operative, or may be regulatory (e.g., for accreditation of the department or hospital, for QS certification, etc.).

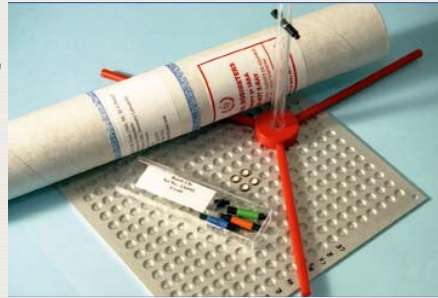


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12.5 QUALITY AUDIT

12.5.2 Practical quality audit modalities

- ❑ A good example for an external audit is the simple but very effective dosimetry audit organized as postal audit with mailed dosimeters (usually TLD).
- ❑ These are generally organized by SSDL or agencies, such as the IAEA, Radiological Physics Center (RPC) in the U.S., ESTRO (EQUAL), national societies, national quality networks, etc.



Material used in IAEA/WHO TLD audits



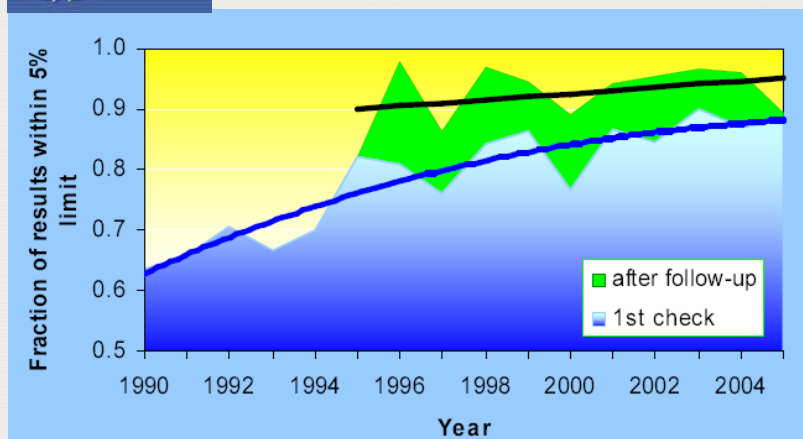
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12.5 QUALITY AUDIT

12.5.2 Practical quality audit modalities



TLD results within the 5% limit



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12.5 QUALITY AUDIT

12.5.3 What should be reviewed in a quality audit visit?

- ❑ The content of a quality audit visit must be pre-defined.
- ❑ It will depend on the purpose of the visit:
 - Is it a routine regular visit within a national or regional quality audit network?
 - Is it regulatory or co-operative between peer professionals?
 - Is it a visit following a possible misadministration?
 - Is it a visit following an observed higher-than-expected deviation in a mailed TLD audit program that the centre cannot explain?



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12.5 QUALITY AUDIT

12.5.3 What should be reviewed in a quality audit visit?

- ❑ Example of content of a comprehensive quality audit visit:

Check infrastructure

- equipment
- personnel
- patient load
- existence of policies and procedures
- quality assurance program in place
- quality improvement program in place
- radiation protection program in place
- data and records, etc.



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12.5 QUALITY AUDIT

12.5.3 What should be reviewed in a quality audit visit?

- Example of content of a comprehensive quality audit visit:

Check documentation

- content of policies and procedures
- QA program structure and management
- patient dosimetry procedures
- simulation procedures
- patient positioning, immobilization and treatment delivery procedures
- equipment acceptance and commissioning records
- dosimetry system records
- machine and treatment planning data
- QC program content
- tolerances and frequencies, QC and QA records of results and actions
- preventive maintenance program records and actions
- patient data records
- follow-up and outcome analysis etc.



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12.5 QUALITY AUDIT

12.5.3 What should be reviewed in a quality audit visit?

- Example of content of a comprehensive quality audit visit:

Carry out check measurements of

- beam calibration
- depth dose
- field size dependence
- wedge transmissions (with field size), tray, etc. factors
- electron cone factors
- electron gap corrections
- mechanical characteristics
- patient dosimetry
- dosimetry equipment comparison
- temperature and pressure measurement comparison, etc.



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12.5 QUALITY AUDIT

12.5.3 What should be reviewed in a quality audit visit?

- Example of content of a comprehensive quality audit visit:

Carry out check of training programs

- Academic program
- Clinical program
- Research
- Professional accreditation
- Continuous Professional Education



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12.5 QUALITY AUDIT

12.5.3 What should be reviewed in a quality audit visit?

- Example of content of a comprehensive quality audit visit:

Carry out check measurements on other equipment

- simulator
- CT scanner, etc.

Assess treatment planning data and procedures.

Measure some planned distributions in phantoms.



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12.5 QUALITY AUDIT

12.5.3 What should be reviewed in a quality audit visit?

Example for a comprehensive international external audit:

The QATRO project by the IAEA

- Based on:
 - a long history of providing assistance for dosimetry audits in radiotherapy to its Member States,
 - the development of a set of procedures for experts undertaking missions to radiotherapy hospitals in Member States for the on-site review of the dosimetry equipment, data and techniques, and measurements, and training of local staff,
 - numerous requests from developing countries to perform also comprehensive audits of radiotherapy programs
- IAEA has developed the "Quality Assurance Team for Radiation Oncology" (QUATRO) project.



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12.5 QUALITY AUDIT

12.5.3 What should be reviewed in a quality audit visit?

- In response to the requests, the IAEA convened an expert group, comprising of radiation oncologists and medical radiation physicists, which have developed guidelines for IAEA audit teams to initiate, perform and report on such audits.
- The guidelines have been field-tested by IAEA teams performing audits in radiotherapy programs in hospitals in Africa, Asia, Latin America and Europe.**
- QUATRO procedures are endorsed by European Society for Therapeutic Radiology and Oncology, The European Federation of Organizations for Medical Physics and the International Organization for Medical Physics.



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